ᐃᒃᐱᒍᓱᑦᑎᐊᕐᓂᕐᒥᒃ ᐃᓕᓐᓂᐊᖅᑐᓕᕆᓂᖅ RESPECT EDUCATION | LESSON ᐃᓕᓐᓂᐊᕈᑎᒃᓴᓂ 9: GETTING HELP ᖃᓄᖅ ᐃᑲᔪᖅᑕᐅᔭᖅᑐᕈᓐᓇᕐᓂᖅ p ᒪᒃᐱᒐᖓ .3
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ᐅᓗᕆᓇᖅᑐᒦᑕᐃᓕᒪᓂᕐᓄᑦ ᐸᕐᓇᐅᑎᒐ

ᑕᒃᑯᐊ ᐸᕐᓇᐅᓯᐊᑎᑦ ᐃᓕᖕᓂᒃ ᐃᑲᔪᕐᓂᖃᕐᓂᐊᖅᑐᑦ ᐅᓗᕆᐊᓇᖅᑐᒦᑦᑕᐃᓕᒪᓂᕐᒧᑦ ᐃᓕᓐᓂᐊᕐᕕᖕᓂ, ᐊᖏᕐᕋᕆᔭᕐᓂ, ᓄᓇᔅᓯᓂ, ᖃᕆᑕᐅᔭᒃᑯᓪᓗᓐᓃᑦ ᑕᑯᓂᐊᖅᕕᒋᕙᒃᑕᕐᓂ.

ᐱᑦᑎᐊᑕᐅᖃᑦᑕᕆᐊᖃᖅᐳᖓ ᐃᓅᖃᑎᒋᔭᒃᑲᓐᓂ. ᓂᓐᖓᐅᒪᓕᕌᖓᒪ, ᓄᒪᓱᒃᑯᒪᓗᓐᓂᑦ, ᓴᐱᓕᕈᒪᓗᓐᓂᑦ, ᐃᖅᑲᐅᒪᕙᖕᓂᐊᖅᑐᖓ:

ᒪᑯᓂᖓ ᐅᕙᓐᓂᒃ ᐱᐅᒃᓴᓂᓐᓂᒃ:

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ᖃᓄᐃᓕᐅᖅᐸᖕᓂᐊᖅᑐᖅ ᖁᕕᐊᒋᔭᒃᑲᓐᓂᒃ ᒪᑯᓂᖓ :

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ᐃᓄᖕᓂ ᐃᓚᐅᕙᖕᓂᐊᖅᑐᖓ ᐅᓗᕆᐊᓇᕐᓂᖃᖏᑐᓂᒃ ᐊᒻᒪᓗ ᖁᕕᐊᒋᔭᒃᑲᓐᓂᒃ:

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ᐅᓗᕆᐊᓇᖅᑐᒥᓐᓂᐊᖅᑐᔭᕆᓕᕈᒪ ᐅᕙᓐᓂᒃ, ᐅᖃᕐᕕᖃᕈᓐᓇᖅᑐᖓ ᐅᑯᓂᖓ ᐅᖃᓗᒃᕕᒋᓗᒋᓪᓘᓐᓃᑦ:

ᐃᓄᐃᑦ ᐅᒃᐱᕆᔭᑲ ᐃᑲᔪᖅᑎᒋᔪᓐᓇᕐᓂᖅ:

ᐊᑎᖓ: ᐅᖃᓘᑎᒥ # :

ᐊᑎᖓ: ᐅᖃᓘᑎᒥ# :

ᐊᑎᖓ: ᐅᖃᓘᑎᒥ# :

ᐊᑎᖓ: ᐅᖃᓘᑎᒥ# :

ᐊᑎᖓ: ᐅᖃᓘᑎᒥ# :

ᐊᑎᖓ: ᓄᑕᕋᓂ ᐃᑲᔪᖅᑏᑦ ᐅᖃᓚᕕᖓ: ᐅᖃᓘᑎᒥ# : 1-800-668-6868

ᐃᒃᐱᒍᓱᑦᑎᐊᕐᓂᕐᒥᒃ ᐃᓕᓐᓂᐊᖅᑐᓕᕆᓂᖅ RESPECT EDUCATION | LESSON ᐃᓕᓐᓂᐊᕈᑎᒃᓴᓂ 9: GETTING HELP ᖃᓄᖅ ᐃᑲᔪᖅᑕᐅᔭᖅᑐᕈᓐᓇᕐᓂᖅ p ᒪᒃᐱᒐᖓ .4
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ᑎᒥᒃᑯᑦ ᐅᓗᕆᐊᓇᕐᓂᖃᖏᓂᖅ:ᐅᓗᕆᐊᓇᖅᑐᒦᒐᖏᓚᖓ ᐅᑯᓇᓂ ᐃᓕᓐᓂᐊᕐᕕᖕᓂ:

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ᐱᖃᑎᐊᓗᒃᑯᒃᑲ ᐊᐱᕆᔪᓐᓇᖅᑕᒃᑲ ᐅᑯᐊ ___________________________ ᐊᒻᒪᓗ/ᐅᕝᕙᓗᓐᓃᑦ

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ᐊᖏᕐᕋᐅᖃᑎᒋᔪᒪᓗᒋᑦ ᐅᕙᑦᑎᓐᓄᑦ ᐃᒡᓗᖓᓄᐊᕈᒪᓂᕐᒧᓪᓗᓐᓂᑦ.

ᐊᖏᕐᕋᖅᓯᒪᖏᑎᓪᓗᖓ:

! ᐸᐸᑦᑎᓂᐊᖅᑐᖓ ᐱᒻᒪᕆᐅᔪᓂᒃ ᐅᖃᓗᒃᕕᖏᓐᓂᒃ ᑕᐃᒪᖓᑦ.

! ᐅᖃᓗᒡᕕᒋᓂᐊᖅᑕᕋ ᐅᓇ____________________ ᑲᑉᐱᐊᓱᓕᕈᒪ.

! ᓇᒧᖓᐅᒐᓗᐊᕈᒪ, ᖃᐅᔨᒪᓂᐊᖅᑐᖓ ᐅᓗᕆᐊᓇᖅᑐᖃᖏᑦᑐᓄᐊᕈᓐᓇᕐᓂᖅ, ᑐᐊᕕᕐᓇᖅᑐᒥ.

! ᕿᒪᐃᓂᐊᖅᑐᖓ ᐊᑲᖅᓴᕈᓐᓂᕈᒪ ᓇᓂᑐᐃᓐᓇᖅ, ᖃᓄᐃᓕᐅᕋᓗᐊᖅᐸᑕ ᐱᖃᑎᒋᔭᒃᑲ.

! ᐱᖃᑎᒋᔭᕋᓂᒃ ᑕᑯᒍᒪ ᐱᓂᕐᓗᖕᓂᕐᒦᓕᖅᑐᒥᒃ, ᐃᓚᓕᐅᑎᓂᐊᖅᑐᖓ, ᓂᑯᕕᓪᓗᖓ, ᐃᑲᔪᕈᒪᓗᖓ. ᐅᓗᕆᐊᓇᖅᓯᕙᓪᓕᐊᑐᐃᓐᓇᓕᖅᐸᑦ ᐱᓂᕐᓗᒍᑕᐅᓯᒪᔪᓂ, ᐅᖃᓗᖕᓂᐊᖅᑐᖓ ᐃᓐᓇᕐᒧᑦ.

ᖃᕆᑕᐅᔭᒃᑯᑦ ᑕᑯᓂᐊᕐᕕᖕᓂ ᐅᓗᕆᐊᓇᖅᑐᒥᑦᑕᐃᓕᒪᓂᖅ

ᖃᕆᑕᐅᔭᑯᑦ ᑕᑯᓂᐊᖅᑕᐅᓯᒪᔭᕐᓂᒃ, ᐅᓗᕆᐊᓇᖅᑐᒥᑦᑕᐃᓕᒪᔪᓐᓇᕐᓂᖅ:

! ᐊᕿᒃᓯᓯᒪᓂᐊᖅᑐᖓ ᖃᕆᑕᐅᔭᒃᑯᑦ ᐅᕙᓐᓂᒃ ᖃᐅᔨᔭᐅᔪᓐᓇᕐᓂᖏᓐᓂᒃ ᐃᓚᐃᓐᓇᖏᓐᓄᑦ ᑕᑯᔭᐅᔪᓐᓇᖅᑎᑦᑎᓗᖓ.

! ᐃᑲᕈᑎᓂᕋᖅᑕᐅᕙᒃᑐᑦ ᐃᑎᕈᓐᓇᐅᑏᑦ ᖃᕆᑕᐅᔭᑯᑦ ᐅᖃᐅᓯᕆᕙᖕᓂᐊᖏᓚᑲ ᐊᓯᓐᓄᑦ.

! ᐊᑐᖅᐸᖕᓂᐊᖏᑦᑐᖓ ᖃᕆᑕᐅᔭᒃᑯᑦ ᐊᔾᔨᓕᐅᕈᑎᒃ ᐃᓄᖕᓂᒃ ᖃᐅᔨᒪᖏᑕᒃᑲᓐᓂᒃ, ᐅᒃᐱᕆᖏᑕᒃᑲᓐᓂᒡᓗᓐᓂᑦ ᓱᓕ ᖃᐅᔨᒪᓪᓗᒋᑦ.

! ᐅᖃᐅᓯᖃᖅᐸᖕᓂᐊᖏᑦᑐᖓ ᐋᓐᓂᕐᓇᖅᑐᓂᒃ ᐅᖃᐅᓯᕐᓗᖕᓂᒃ ᐊᔾᔨᖁᑎᓂᒡᓗᓐᓂᑦ ᐊᓯᒃᑲᓂᒃ
ᐃᓄᖕᓂᒃ. ᐲᔭᖃᑦᑕᕐᓂᐊᖅᑕᒃᑲ ᑕᑯᒃᓴᐅᓂᖏᑦ.

! ᐱᑦᑎᐊᖅᑕᐅᖏᒃᑯᒪ ᖃᕆᑕᐅᔭᒃᑯᑦ ᑕᑯᓂᐊᖅᑕᐅᕝᕕᖕᒥ, ᑕᐃᒃᑯᐊ ᑎᑎᕋᖅᑕᐅᓯᒪᓂᖏᑦ ᐸᐸᓐᓂᐊᖅᑕᒃᑲ ᐅᕝᕙᓗᓐᓂᑦ ᐊᔾᔨᓕᐅᕆᓗᒋᑦ.

ᐃᒃᐱᒍᓱᑦᑎᐊᕐᓂᕐᒥᒃ ᐃᓕᓐᓂᐊᖅᑐᓕᕆᓂᖅ RESPECT EDUCATION | LESSON ᐃᓕᓐᓂᐊᕈᑎᒃᓴᓂ 9: GETTING HELP ᖃᓄᖅ ᐃᑲᔪᖅᑕᐅᔭᖅᑐᕈᓐᓇᕐᓂᖅ p ᒪᒃᐱᒐᖓ .5

ᓄᓇᓕᖕᓂ ᐃᑲᔪᖅᑕᐅᕝᕕᒃᓴᐃᑦ

ᐃᑲᔪᖅᑕᐅᔭᕆᐊᖃᕈᒪ, ᐅᖃᕐᕕᖃᕈᓐᓇᖅᑐᖓ ᐅᑯᓂᖓ:

o ᑐᐊᕕᕐᓇᖅᑐᓂᒃ, ᐅᖃᓗᒡᓗᖓ ᐸᓕᓯᒃᑯᓐᓄᑦ/ᐳᑭᖅᑕᓕᒃᑯᓐᓄᑦ

o ᓄᑕᕋᓂᒃ ᐃᑲᔪᖅᑎᓂᓄᑦ ᐅᖃᓗᒡᕕᖕᒧᑦ: 1-800-668-6868

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